

MACOMB COUNTY OFFICE OF JUBSTANCE ABUSE

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MCOSA

The Macomb County Office of Substance Abuse (MCOSA), a division of Macomb **County Community** Mental Health Services, manages substance use disorder services for individuals in Macomb County with Medicaid, Adult Benefit Waiver, MIChild or who are low income and uninsured. As the designated Coordinating Agency for substance abuse services in Macomb County, MCOSA is responsible for planning, funding, monitoring and coordinating substance use disorder prevention and treatment services. These services are provided through contracts with community agencies to who are licensed and accredited to provide substance abuse prevention and treatment services.

MCOSA'S PRIMARY FUNCTIONS

- Determine need for services through Needs Assessment, Public Comment, and Utilization review
- Coordinate substance use treatment and prevention services
- Contract for Services with Licensed and Accredited programs. MCOSA does not provide treatment or prevention services
- Monitor plan progress, evaluate services (through data system, billings, claims processing, site reviews, etc.)
- Develop policy, technical assistance and training, comment on licensing ad other supportive activities.
- Develop Annual Plan, and establish Continuum of Care

TREATMENT SERVICES

- Early Intervention: Services that address problems or risk factors that appear related to use of alcohol or other drugs in an effort to help the individual recognize the harmful consequences of inappropriate use.
- Case Management: Community based support services provided to assist clients in meeting treatment goals through linking and coordinating service and resource needs, not limited to physical, dental, mental health, employment, housing, transportation, benefit assistance and self help services. This includes the joint project with the Macomb County Department of Human Services for Substance Abuse Support Services (SASS).
- Intensive Outpatient: Therapeutic services provided in a structured outpatient setting for three hours per day, meeting three times per week. Core services include assessment, didactic education and group therapy, with individual counseling, psychiatric and medical services or consultation as needed.
- Methadone Medication Assisted Treatment: Counseling and pharmacology services provided in an outpatient setting for individuals who are opioid dependent. Services are performed under the care of a licensed physician in a DEA approved licensed program with medication reviews occurring

- at least every 60 days. A full array of outpatient counseling service are provided along with daily Methadone dosing and regular drug screens.
- Outpatient: Scheduled counseling services provided in a clinic setting. Services include assessment, group, individual, didactic and family counseling, psychiatric evaluation for cooccurring disorders, and referral for other services as needed.
- Peer Support: Trained individuals with long term stable provide problem solving skills and advocacy to help clients achieve recovery goals by addressing relapse issues, identifying community resources and providing hope in achieving goals.
- Residential: Planned group, individual and educational counseling sessions provided as an intense, organized, daily treatment regimen by a multi-disciplinary staff who provide 24hour monitoring.
- Sub-acute Detoxification: Supervised 24-hour care in a sub-acute residential setting, typically lasting 3-5 days, to manage the effects of withdrawal from physical dependency on substances before transferring to the next level of care for clinical treatment services.

PREVENTION SERVICES

- Alternative Activity: Providing positive activities that exclude alcohol and other drugs by offering after school activities and assisting in community services.
- Community Based: Providing networking, technical assistance and training to community coalitions that address substance abuse.
- Education: Facilitating evidenced based substance abuse curriculums in schools, parenting workshops, and in community groups.
- Environmental: Working with communities to change norms and policies by reducing access to substances.
- Information Dissemination: Providing substance abuse knowledge and awareness at health fairs, community events, and to community groups.
- Problem Identification & Referral: Identify, educate, and refer individuals who are at-risk of abusing substances.

Macomb County Office of Substance Abuse (MCOSA) 586-469-5278 CONTRACTED PROVIDERS

Access and Referral

CARE of Southeastern Michigan 586-541-2273

Methadone Medication Assisted Treatment

BioMedical Behavioral Health Care – Clinton Twp	586-783-4802
Sacred Heart Rehabilitation – Madison Heights	248-658-1116
Sacred Heart Rehabilitation – Memphis	888-804-7472

Residential & Sub-Acute Detoxification

Clearview (Women's Specialty) - Memphis	810-987-1258
Community Programs IncWaterford	248-406-0090
Eastwood Clinics (Men's Program) - Royal Oak	248-542-6070
Kairos Healthcare (Adolescents) - Bridgeport	989-777-4357
Sacred Heart Rehabilitation – Memphis	888-804-7472
Turning Point Recovery Center – Pontiac	248-334-7760

Outpatient

*Clinton Counseling Center - Mt Clemens	586-468-2266
*Eastwood Clinics - Clinton Township	586-792-5335
*Eastwood Clinics – Eastpointe	586-445-2210
Macomb Family Services – Richmond	586-727-5529
Macomb Family Services – Romeo	86-752-9696
*Pioneer Counseling -Sterling Heights	586-795-0569
Sacred Heart Rehabilitation Center – Warren	586-558-7472
Sacred Heart Rehabilitation Center -New Haven	586-749-5173

^{*}Also contracted for Intensive Outpatient Treatment

Prevention Providers

Alcohol Highway Safety Program - Fraser	586-293-4650
Clinton Counseling Center - Macomb County Jail	586-307-9570
Community Assessment & Referral – Fraser	586-541-0033
Macomb Family Services - Romeo	586-752-9696